Dear MCSD Parent,:

All students enrolled at Mechanicville City SD are eligible to receive a healthy breakfast and lunch at school at no charge to your household each day of the 2023-2024 school year. No further action is required of you. Your child(ren) will be able to participate in these meal programs without having to pay a fee or submit an application. However, we do ask that you complete one Income Form per family. If you have any further questions, please contact us at Erin Wright at 518-464-3945 or erin.wright@neric.org.

What is the Household Income Eligibility Form?

The form collects basic information about your learner so our school can determine if they would otherwise be eligible for free or reduced-price breakfast/lunch. It is important for EVERY family to fill out this form because doing so helps bring much-needed additional money and services directly to our schools! This form must be submitted each year by October 1. The easiest, most secure way to submit it is to complete it online at

https://lingconnect.com/public/income-form/new?identifier=RQJ2ZK The form is available at the school building if you don't have access to it online. You may return completed forms to school with your student to the attention: Shannon Carinci, Food Service Director. Please call Erin Wright, Shared Food Service Specialist at 518-464-3945 or email erin.wright@neric.org, if you have any questions.

If all meals are free, why do we have to complete this form?

School districts receive funding from the state and federal governments. For each learner who would qualify for free or reduced-price breakfast/lunch, schools receives thousands of additional dollars in funding. Even a small increase in completed Household Income Eligibility forms collected results in significantly more money to support our learners and schools.

What if my child doesn't want to eat school breakfast/lunch? Why should I fill out the form?

Even if your child chooses to bring their own breakfast/lunch or snack or if they eat lunch at home, filling out the form is very important! It ensures that our school gets all of the funding and benefits available. Also, even if your child does not eat school breakfast/lunch, learners who would otherwise qualify for free breakfast/lunch can also receive benefits, including reduced fees for SAT and ACT tests, reduced college applications fees, discounts on monthly internet services and computer purchases.

How does filling out the Household Income Eligibility Form help our school?

Schools qualify to receive more money per learner from the state and federal government and receive more money in their budgets to support learners.

Our Household doesn't qualify for free or reduced price meals, do I still need to complete the form?

The information on this form is not shared. If you complete the secure online form you won't enter the exact household income, only an income range. If you do not wish to be considered for eligibility, you may fill out the paper form by completing the learner information, write "does not qualify" in the income section, and then complete the name, signature, and date lines.

Is the Information I submit confidential?

Yes. The information you submit on the Household Income Eligibility Form is not shared by our school. Personal information submitted on the form is not shared with the state or federal government; only the number of learners who qualify for free or reduced breakfast/lunch is shared. District personnel are not told which learners qualify for free or reduced breakfast/lunch benefits. Our school does not share information with other organizations that provide benefits. If your child would otherwise qualify for free or reduced-price breakfast/lunch, you may use the eligibility form provided by our school to qualify for other benefits through providers.

What if I still have questions?

We're happy to hear from you if you still have questions. Please contact Shared Food Service Specialist, Erin Wright at 518-464-3945 or email erin.wright@neric.org.

We thank you for your continued support!

Sincerely, Shannon Carinci Food Service Director

USDA Nondiscrimination Statement

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail:

U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or 2. fax: (833) 256-1665; or (202) 690-7442; or

3. email:

Program.Intake@usda.gov

This institution is an equal opportunity provider.